

## **What is food Security?**

*Food security exists when all people at all times have physical and economic access to sufficient, safe, and nutritious food to meet their dietary needs and food preferences for an active and healthy lifestyle (United Nations, 1996).*



## **MISSION SPONSORS & PARTNERS**

- District of Mission
- Prospera Credit Union
- Imagine Write Web Sites
- Adopt-A-Block
- Mission Library
- Mission Community Services Society (MCSS)
- Mission Food Access Network (MFAN)
- Fraser Valley Building Supplies
- Chamber of Commerce
- City Blends Coffee
- Dressed to Grill

Mission City Farmers Market Society  
BOX 3269  
Mission, BC V2V 4J4

[www.missioncityfarmersmarket.com](http://www.missioncityfarmersmarket.com)



*It's a fun place to be!*

**INDOOR  
&  
OUTDOOR**

**SATURDAY  
MARKETS**



## **MISSION STATEMENT**

MCFM exists to organize and operate a community-based farmers market in Mission City.

The purpose of the market is to enhance the health and economic well-being of residents of Mission and the surrounding area, by providing:

1. regular access to high quality, locally produced food, horticulture products & arts and crafts for consumers
2. a reliable local outlet for their products
3. direct personal contact with their customers for growers and artisans

## **Our Products include**

- Arts & Crafts
- Baking
- Bath & Beauty
- Chocolates
- Dairy
- Ethnic Foods
- Bedding/Potted Plants
- Flowers (cut)
- Fruits, Veggies, Herbs
- Grass-Fed Meat
- Organic, FT Coffee & Tea
- Pet Items
- Preserves
- Jewellery
- Greeting/Post Cards & Matted Prints

### **CONTACTS:**

**PHONE: 604-302-5561**  
**FAX: 604-820-1530**  
**mission.market@gmail.com**

## **Market Schedules**

### **INDOOR**

9:00 a.m. – 2:00 p.m.  
Nov. 6, Jan. 29 & Apr. 2  
All Saints Church

### **OUTDOOR**

Mission Library  
Parking Lot

9:00 a.m. – 1:00 p.m.  
Each Saturday  
May 8 to Sept. 25, 2010

- Come for lunch and entertainment
- Enjoy a cup of fair trade, organic coffee or tea
- Shop, shop, shop!